

QBE commits to WorkHealth in partnership with WorkSafe

QBE continues to partner with WorkSafe Victoria to promote WorkHealth – an initiative designed to offer quick and confidential health checks to all Victorian workers in their workplace.

Committing to WorkHealth is a commitment to your employees

Committing to WorkHealth is a proactive step in reducing the incidence and impact of diabetes, obesity and cardiovascular disease within the Victorian workforce. Workers receive immediate results, with those identified as being at risk of Type 2 diabetes or cardiovascular disease advised to consult their GP.

Between July 2009 and July 2010, 200,000 workers from a broad range of industries across Victoria received WorkHealth checks as part of the WorkHealth program. Of these workers, nearly 25 per cent were found to be at high risk of developing Type 2 diabetes, and over 15 per cent had a high risk of developing both Type 2 diabetes and cardiovascular disease.

To date, there has been positive feedback among those QBE clients who have received the checks.

Free benefits for QBE clients

WorkHealth checks are conducted by health professionals employed by endorsed service providers (ESPs), accredited through WorkSafe Victoria. They involve measuring the worker's waist circumference, blood pressure, blood sugar and blood cholesterol, as well as completing a lifestyle questionnaire about diet, exercise, smoking and alcohol consumption.

QBE clients with an annual remuneration of less than \$10 million will be fully reimbursed for the costs of health checks. Those with a remuneration of more than \$10 million can also have free WorkHealth checks, however, it is important they indicate on the application form that they would like WorkSafe to provide an ESP at no cost.

Alternatively, QBE clients can select their own ESP, but are advised to select an ESP that does not charge above \$40 per check in order to avoid any out-of-pocket fees.

Assistance may be available to arrange and coordinate checks for QBE clients with more than 500 employees.

Like to know more?

For more information about the WorkHealth program, including how to apply or select your own ESP, please visit the [WorkHealth website](#) or contact Ed Wilde on (03) 9246 2330.

www.qbe.com.au

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